

NAZIR AJMAL MEMORIAL COLLEGE OF EDUCATION, HOJAI

Recognised by NCTE and Affiliated to Gauhati University
Run by - AJMAL FOUNDATION

Report On

A One Day Workshop on “Life Skills for Self Empowerment”

A one day workshop on Life Skills for Self Awareness was organised by the IQAC, Nazir Ajmal Memorial College of Education, Hojai on 4th March, 2023 to empower and instill self awareness among the B.Ed 1st year teacher trainees. The resource person of this enlightening event was Dr. Gauri Hardikar, Senior Vice- President, World Curriculum, Comparative Education Societies, USA.

The resource person, Dr. Haldikar was welcomed by the teacher trainees and the faculties of the institution whole heartedly. She was felicitated with a Phulam Gamusa, a plaque and a Xorai by the General Manager of Ajmal Foundation, Dr. MRH Azad. Dr. Hardikar started the session with a very lively interaction with the teacher trainees. She motivated the teacher trainees to be self empowered and self employed by improving and exercising the practical skills and problem solving abilities. Various activities were conducted by her, where the teacher trainees became the active participants, which made them aware of their inherent skills and abilities.

The one day workshop was a fruitful and productive session of knowledge sharing. It helped the teacher trainees to impoverish their skills and also informed the trainees to understand how Life Skills make a person full fledged, developing them both mentally and physically. Acquisition of knowledge was done through several practical activities, where a collaborative notion and a sense of belongingness were developed among the teacher trainees. The importance of Life Skills for a sustainable and fulfilled life is an important aspect of study in today’s era. From the session, it was quite evident that, in our present pedagogical spectrum inculcating courses of Life Skills in the curriculum is of utmost importance as it would help an individual to develop his/her extrinsic behavior.

A handwritten signature in black ink, appearing to read 'Ajmal', is written over a blue horizontal line.

Principal
Nazir Ajmal Memorial College of Education
Hojai, Nagaon, Assam-782435

LIFE SKILLS FOR SELF EMPOWERMENT

Resource Person

DR. GAURI HARDIKAR

Senior Vice-President, World Curriculum, Comparative Education Societies, USA

Organised by

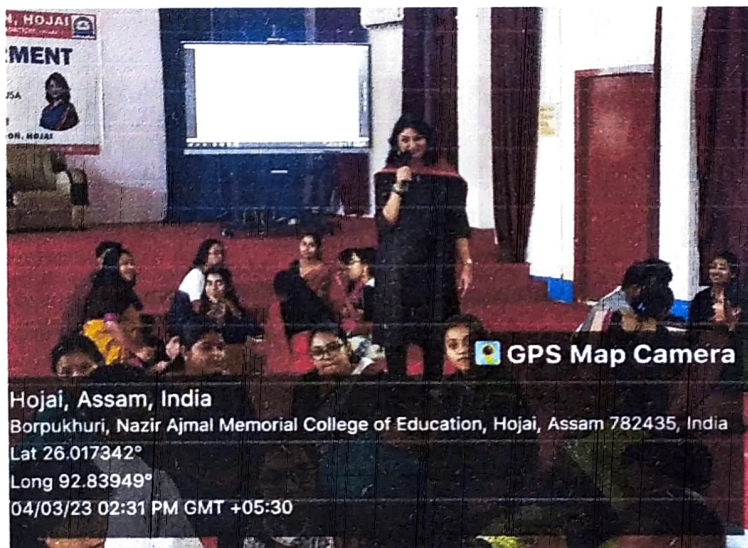
IQAC, NAZIR AJMAL MEMORIAL COLLEGE OF EDUCATION, HOJAI

VENUE - MULTI PURPOSE HALL, NAZIR AJMAL MEMORIAL COLLEGE OF EDUCATION, HOJAI

AJMAL FOR EDUCATION, EDUCATION FOR ALL. | Date: 4th March 2023 | Time: 10:00 AM



Banner of One Day Workshop on “Life Skills for Self Empowerment” on 4th March, 2023

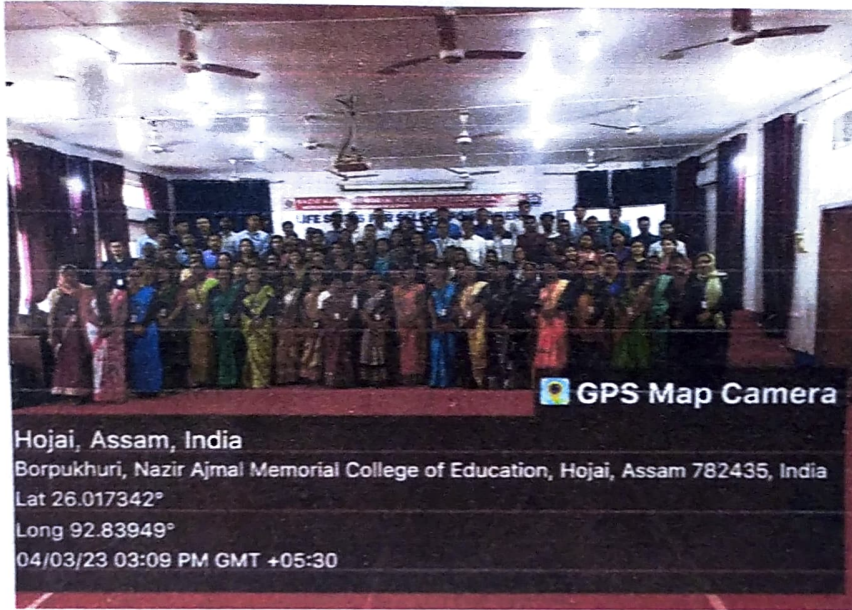


Moments from One Day Workshop on “Life Skills for Self Empowerment” on 4th March, 2023

Aaha

Principal

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