

Nazir Ajmal Memorial College of Education, Hojai

Recognised by NCTE and Affiliated to Gauhati University Run by - AJMAL FOUNDATION

Report on Cardiopulmonary Resuscitation (CPR) Training Programme

Organized by:

IQAC, Nazir Ajmal Memorial College of Education, Hojai In collaboration with: IQAC, Assam Down Town University

Date: 27th November, 2024 Time: 10:30 A.M Onwards

Venue: Nazir Ajmal Memorial Hall, Nazir Ajmal Memorial College of Education, Hojai

Objectives of the programme: The objectives are given below—

- i. To give theoretical knowledge of CPR for developing a basic understanding to the students.
- ii. To clear the concept and difference of Heart Attack and Cardiac rrest.
- iii. To give the knowledge and the importance of knowing CPR Training.
- iv. To aware the students what are the do's and don'ts of any Cardiac Arrest and Heart Attack.
- v. To give practical knowledge of CPR training through hands on activities.

Guests of the Programme:

- i. Nitesh Choudhury- Liaison officer-cum-Academic Counsellor Assam Down Town University
- ii. Mahmuda Begum- Liaison officer-cum-Academic Counsellor Assam Down Town University
- iii. Jiaul Hussain- Assistant Business Development Manager- Assam Down Town University
- iv. Judith Ramengmawi- Quality Officer & Assistant Nursing Superintend- Assam Down Town Hospital
- v. Rimpi Majumder- Clinical Instructor -cum-Floor-in-charge- Assam Down Town Hospital

Detail Description of The Programme:

The programme started with the welcome address by Sonali Debnath, IQAC Co-coordinator in the presence of the guests of Assam Down Town University and Assam Down Town Hospital. After that the faculties of Nazir Ajmal Memorial College of Education felicitated the guests and resource persons. Then the resource persons from Assam Down Town Hospital. Ms. Judith Ramengmawi & Ms. Rimpi

Majumder explained the steps, importance of CPR training in a comprehensive way. Students from both B.Ed. 1st year and 2nd Year and the faculties of Nazir Ajmal Memorial College of Education got hands on experience through this programme.

The programme came to an end with vote of thanks given by Mrs. Halima Abdul Matin, Assistant Professor, Nazir Ajmal Memorial College of Education. Mrs. Matin expressed her gratitude to the resource persons for the detailed explanation and practical demonstration of CPR. She also thanked the faculties and trainees of B.Ed. for their presence and contribution to the demonstration of CPR training.

Conclusion: The programme was very much impactful for the attendees. The programme gave a detailed theoretical & practical experience of CPR training through which awareness of the common health issues of today's era such as Heart attacks & Cardiac arrests can be prevented to a great extent.



Ms. Judith Ramengmawi, Quality Officer & Assistant Nursing Superintend, Assam Down Town Hospital explaining the difference between Heart Attack and Cardiac Arrest



Ms. Judith Ramengmawi and Ms. Rimpi Majumder demonstrating how to give CPR





Faculties and trainees taking part in the practical demonstration of giving CPR





Attendees during the event and posing after the successful completion of the event